

Breaking the Cycle: Avoidant Restrictive Food Intake Disorder (ARFID) and Anxiety in Adolescents

Presented by the Department of Psychiatry and Behavioral Health



Please join us for a lecture by Dr. Katherine K. Dahlsgaard, Ph.D., ABPP. She is the Founder and Director of Brave is Better Consulting and Therapy and specializes in evidence-based assessment and treatment of anxiety and related disorders. Dr. Dahlsgaard is board-certified in Behavioral and Cognitive Psychology and has expertise in CBT for children, adolescents, and adults.

Learning Objectives

NEW RESEARCH

Review key innovations of new research into ARFID and anxiety in adolescents

CLINICAL RECOMMENDATIONS

Examine the similarities and differences between ARFID and anxiety in adolescents. Additionally, explore how these conditions may overlap and impact adolescent development

MEASUREMENT BASED CARE

Discuss the clinical impact of measurement-based care in treatment in ARFID and anxiety

FUNCTIONAL OUTCOMES

Explore the possible impact of new medications, new psychological interventions and therapeutics

Register today!

[Click here](#) or scan the QR code to sign up



Cooper University Hospital
Cooper Conference Center
One Cooper Plaza
1st Floor, Room CC103-104
Camden, NJ 08103

Friday, April 18th
11am - 1pm

Catered lunch included
with registration

Agenda

11am-Lunch served

11:30am- Presentation on **ARFID and Anxiety in Adolescents** by Dr. Katherine Dahlsgaard, Ph.D

12:30pm-Q&A session

1pm- End of talk

Sponsored By The Pediatric Mental Health Training Program

NEED MORE INFORMATION?

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