How to Get Children Comfortable Wearing Masks in the Classroom

**Involve kids in choosing their mask.**
Children’s masks come in a variety of designs and patterns. Finding a “fun” fabric with their favorite cartoon character or cute pattern can help children be excited to wear the mask.

**Integrate masks into play.**
Have a few masks on hand for children to use while playing, or consider making masks for their dolls or stuffed animals. Do a masks fashion show! There are many creative ways to make masks fun. Doing this can help bring face masks into your child’s everyday world and make them less scary.

**Practice mask wearing at home.**
Start with five-minute increments, working up to 30 minutes. Have your child wear their mask while at home and going about their day. Include some fun activities to make the time they are wearing the mask fun. Don’t forget to reward them for a job well done!

**Be a mask role model.**
Wear your own mask during the time your child is wearing theirs. Stay positive about wearing your mask and make sure to always wear it while out in public.