

2019 Advanced Practice Provider Symposium

Saturday, November 2, 2019

8 a.m. – 4:30 p.m.
Cooper Medical School
of Rowan University
401 Broadway
Camden, NJ 08103



Cooper University Health Care's Advanced Practice Provider (APP) Symposium is designed to enhance APP's knowledge in areas of surgery, osteoporosis, pharmacology, pediatrics, infectious disease and cardiovascular care. Our speakers are experts in their field and are delighted to share current evidence-based treatments and exciting new developments in their areas of expertise. The educational opportunity offers continuing education credits and networking opportunities for APP's who are working in hospital and ambulatory settings.

Registration:

- **EARLY BIRD (THROUGH SEPTEMBER 30):**
Cooper Employees/Students – **\$90**
Non-Cooper attendees – **\$110**
- **BEGINNING OCTOBER 1:**
Cooper Employees/Students – **\$110**
Non-Cooper attendees – **\$130**

Target Audience:

- Advanced practice providers (NPs, PAs, CRNAs)
- RNs
- Nurse Educators
- Students

Continuing Education:

This seminar is approved for up to 7 Continuing Education credits (CEU) and Continuing Medical Education (CME) credits through the American Academy of Physician Assistants and the NJ State Nurses Association.

To Register:

Visit Foundation.CooperHealth.org/APPS-2019
See *symposium schedule on reverse side.*



2019 Advanced Practice Provider Symposium Schedule

8:00 a.m. - 8:45 a.m.

Registration and Breakfast

8:45 a.m. - 9:00 a.m.

Opening Remarks and Announcements

Eileen Campbell, MSN, APN
Assistant Vice President
Cooper University Health Care

Advanced Practice Providers and Independent Licensed Practitioners

9 a.m. - 10 a.m.

KEYNOTE

Maureen Sullivan, MHS, PAC

Strategies for Improving Your Emotional Intelligence

Presenter will discuss the importance of emotional intelligence in relationships, how to recognize social emotional awareness and the effects on patients and other team members. Attendees will learn the three secrets of good emotional health.

10:15 a.m. - 11:05 a.m. | Session 1

Track 1 | Urology

Monique Wilson, MSN, APN-C

Female Urinary Incontinence

Focus of this session is on female urinary incontinence in a world where a woman is juggling so much. What can she do when staying dry is added to the many lists of tasks? Discussion on types, causes and management of urinary incontinence will be presented.

Track 2 | Pain Management

Janice Delgiorno, MSN, ACNP-BC

Managing Pain in the Acute Care Setting

This session will focus on managing pain using a multi modal approach. Challenging cases such as patients with acute and chronic pain will be presented.

Track 3 | Wound Care

Rosemary Kates, MSN, APN, CWON

Basic Toolbox for the Provider to Manage Wounds

Presenter will discuss basic wound healing and the factors that compromise wound healing. Common etiologies seen by the provider in the office or hospital setting will be explored with a discussion on how to select basic dressings to promote wound healing.

Track 4 | Pediatric Surgery

Jaquelyn English, MS, PA

Surgical Emergencies of the Newborn

This presentation will provide information on identifying anomalies in the newborn that may require emergent surgical care. Pre and post-operative care will be discussed with focus on recognizing potential complications.

11:05 - 11:30 a.m.

Break, Networking, Poster Presentations

11:30 a.m. - 12:20 p.m. | Session 2

Track 1 | HIV Hepatitis

Elizabeth Fletcher, DNP, RN, APN-C

Hepatitis C and Linkage to Care and HIV General Medicine Update

This session will focus on identifying patients at risk for Hepatitis C and HIV. Discussion will focus on screening and testing recommendations from the CDC.

Track 2 | TAVR

Wendy Shell, MSN, AGACNP, APN

The Ever Changing Landscape of TAVR

This session will focus on TAVR or Transcatheter Aortic Valve replacement. This minimally invasive procedure will be described and patients who would benefit as potential candidates will be discussed.

Track 3 | Headaches

Jessica Bryson, PA-C

Managing Migraines

Presenter will provide a deeper look into managing headaches and migraines for the provider.

Track 4 | ADHD

Nora Vizzachero, DNP, APN

ADHD Fact and Fiction?

Speaker will focus of the multimodal approach to treatment of ADHD and will offer some alternative treatments. Discussion will also focus on the myths of ADHD.

12:30 p.m. - 1:30 p.m.

Lunch (provided), Exhibits, Poster Presentations

1:30 p.m. - 2:20 p.m. | Session 3

Track 1 | Survivorship

Evelyn Robles, DNP, APN, AOCN

Survivorship

As Director of the Survivorship program at MD Anderson Cancer Center at Cooper, this speaker will discuss national guidelines for the management of patients who have completed their active treatment and are transitioning into survivorship care including a focus on wellness, quality of life and health promotion.

Track 2 | Orthopedics

Shaun Rowe, PA-C

In Hospital Complications of Total Joint Arthroplasty

This presentation will focus on the optimization of patients undergoing joint arthroplasty prior to surgical intervention.

Track 3 | Polypharmacy

Jayme Morris, APN-BC, MSN

When Less is More

The speaker will focus on defining polypharmacy, identifying risks and consequences in over-prescribing and the benefits to conscious prescribing. Strategies for safer practices for prescribers will be discussed.

Track 4 | Pediatric HIV

Susan Burrows Clark, APN-C, MSN

Management of Pregnant Women Living with HIV and Prevention of Perinatal Transmission

Discussion will center on screening, best practices and management of HIV during pregnancy. Case reviews will be presented in order for the learner to understand the impact of systems and situations in clinical care.

2:30 p.m. - 3:20 p.m. | Session 4

Track 1 | Breast Cancer

Helen Nichter, APN-C, CBCN

Jennifer Bonafiglia, MSN, APN-C, AGCNP, OCN

Dense Breast and High Risk Assessment and Management

Speakers will provide an overview of dense breast management and assessment of patients at high risk for breast cancer. Discussion will include the definition of "high risk" and the management of patients at considered high risk.

Track 2 | Trauma Informed Care

Rebecca Bryan, DNP,
AGPCNPC, APN

Getting to Why: Adult Health Risks from Biologic Embedding of Childhood Adversity

This session will focus on Trauma Informed Care. The learner will be able to describe how Adverse Childhood Experiences (ACE's) increase risk of the leading cause of death in the United States and how to assess for ACE in adult patients.

Track 3 | Obesity

Dawn Stepnowski, DNP, ANP-BC, NEA-BC, CBN

Obesity in Practice

Learn how obesity is affecting many of the disease states treated in the acute care and ambulatory settings.

Track 4 | Pediatric Trauma

Stacey Staman, RN, MSN, CCRN-K, TCRN

Pediatric Trauma: Initial Resuscitation

This session will focus on the emergent care of the severely injured child. Discussion will include the common mechanisms of injury and the physiologic responses of traumatically injured children as compared to adults.

3:20 p.m. - 3:30 p.m.

Break, Networking, Poster Presentations, Snack

3:30 p.m. - 4:20 p.m. | Provider Self-Care

Kelly Gillrain, PhD

Anastasia Bullock, PsyD

Caring for Yourself While Taking Care of Others

Provider well-being and burnout will be addressed. The speakers will focus on exploring skills to keep you stay healthy, both physically and emotionally.

4:20 p.m. - 4:30 p.m. | Closing Remarks

Eileen Campbell, MSN, APN

4:30 p.m. - 5:30 p.m. | Wine and Cheese Social (optional)