

# 2022 Advanced Practice Provider Symposium

Saturday, April 30, 2022

8 a.m. – 3 p.m.  
Cooper Medical School  
of Rowan University  
401 Broadway  
Camden, NJ 08103



Cooper University Health Care's Advanced Practice Provider (APP) Symposium is designed to educate APPs on timely topics relevant to clinical practice. Our APP speakers are experts in their fields and have designed a curriculum to discuss the latest updates and practice guidelines in diverse areas including substance use disorder, hematology, vascular disease, COVID-19, social determinants of health and more. See reverse side of this flier for the full curriculum! This educational opportunity offers continuing education credits and is a great networking opportunity for both students and APPs working in the ambulatory or hospital setting.

#### Registration:

- Cooper Employees/Students – \$60
- Non-Cooper attendees – \$85

#### Target Audience:

- Advanced practice providers (NPs, PAs, CRNAs)
- RNs
- Nurse Educators
- Students

#### Continuing Education:

- At completion of the symposium participants will verbalize understanding and incorporation of evidence-based interventions into current clinical practice.
- This seminar is approved for 5.5 Continuing Education credits (CEU) and Continuing Medical Education (CME) credits through the American Academy of Physician Assistants and the NJ State Nurses Association. The credits will be awarded upon attendance for the entire conference and completion of the evaluation form.
- There are no conflicts of interest identified for the planners, presenters, faculty, authors or content reviewers.
- Cooper University Health Care is approved as a provider of nursing continuing professional development by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P 101-11/2021.

#### To Register:

Visit [Events.CooperHealth.org](https://Events.CooperHealth.org)

See *symposium schedule on reverse side.*



# 2022 Advanced Practice Provider Symposium Schedule

8:00 a.m. – 8:45 a.m.

## REGISTRATION, BREAKFAST and POSTER PRESENTATIONS

8:45 a.m. – 9 a.m.

## OPENING REMARKS and ANNOUNCEMENTS

Eileen Campbell, MSN, APN, Assistant Vice President  
Cooper University Health Care

9 a.m. – 9:50 a.m.

## KEYNOTE

Laura G. Leahy, DrNP, APRN, PMH/CNS/FNP, CARN-AP, FAANP, FAAN

## The “Addicted” Brain: Opioids & Substance Use Disorders for Advanced Practice Providers

### Objectives:

- Identify and discuss the neuroscience of the “addicted” brain.
- Identify and discuss the neurochemicals influencing pharmacological treatment of Substance Use Disorders.
- Identify and discuss Medications for Opioid Use Disorder (MOUD).

## TRACK 1

10 a.m. – 11 a.m.

Ashley Weinmann, MSN, APN-C

## Palliative Care, Advance Care Planning and Introduction to Hospice

### Objectives:

- Discuss the elements of palliative care and when to refer (symptom management, advance care planning).
- Discuss what is hospice care and eligibility.
- Identify and discuss the differences between hospice and palliative care.
- Discuss the importance of advance care planning (Goals of care, NJ POLST, living will).

11 a.m. – 12 noon

Lina Medeiros Loras, MSN, APN, AGACNP-BC

## Overview of Benign and Malignant Hematology

### Objectives:

- Discuss the different etiologies of iron deficiency anemia, review anemia workup, as well as the treatment and appropriate follow up.
- Discuss pathophysiology of DVT/PE, review diagnostic workup and anticoagulation management.

12:30 p.m. – 1:30 p.m.

Entela Ahmeti, MSN, APN-C

## Peripheral Vascular Disease: Lower Extremities

### Objectives:

- Discuss basics of pathophysiology, clinical presentation, diagnostic testing and management of arterial, venous and lymphatic disease in the lower extremities.

1:30 p.m. – 2:30 p.m.

## CLOSING SPEAKER

Rebecca Hilgen Bryan, DNP, AGPCNPC, APN

## Your Lived Experience Becomes Your Biology!

**Objectives:** By the end of this session, participants will be able to describe:

- The biologic plausibility of childhood experiences on adult health.
- The intersection between health outcomes and social determinants of health.
- Ways that we as healthcare providers can respond.

2:30 p.m. – 3 p.m.

## NETWORKING and POSTER PRESENTATIONS

## TRACK 2

10 a.m. – 11 a.m.

Deborah E. Schoch, PhD, RNC, IBCLC, CCE, CPST

## Baby Friendly – Supporting Infant Feeding

### Objectives:

- Identify two benefits of breastfeeding for a mother and two benefits of breastmilk for a baby.
- List two evidence based activities that support exclusive breastfeeding during the postpartum period.
- Understand the Ten Steps to Supporting Successful Breastfeeding as defined by Baby Friendly USA.

11 a.m. – 12 noon

Ivette Duncan, MSN, CPNP, PMHNP-BC, CMI-S

## Substance Use Disorders: Considerations along the Lifespan

### Objectives:

- Discuss age appropriate considerations for the assessment and pharmacologic management of substance use disorders.
- Review commonly co-occurring mental illnesses that affect the management of SUDs in the target age groups: pediatrics, maternal health, geriatrics.

12:30 p.m. – 1:30 p.m.

Nora Vizzachero, DNP, APN

## Marijuana in Children: A Review of the Evidence

### Objectives:

- Become familiar with the endocannabinoid system.
- Become familiar with the active components of marijuana.
- Review evidence based uses for marijuana products in children.
- Review risks of marijuana use in children including recreational use and accidental ingestion.

## TRACK 3

10 a.m. – 11 a.m.

Melissa Pluguez-Moldasvkiy, APRN, FNP-BC, AGACNP-BC

## Inpatient Management of COVID-19

### Objectives:

- Diagnosing COVID-19 pneumonia and determining severity management of COVID-19 pneumonia in the inpatient setting.
- Defining levels of treatment based on severity.
- Planning for discharge vaccine and anticoagulation guidelines.

11 a.m. – 12 noon

Shay Tomlin, APN, MSN

## Evaluating and Managing Delirium in the Acute Setting

### Objectives:

- Causes and prevalence of delirium.
- Recognition of, differentiating delirium and dementia.
- Hypoactive vs. hyperactive.
- Approach to management of acute delirium.

12:30 p.m. – 1:30 p.m.

Lauren Lacovara, PA-C

## Neurological Emergencies

### Objectives:

- Define what constitutes a neurological emergency.
- How to identify those emergencies.
- Management of those emergencies.