



From Prevention to Intervention, Carebridge Can Help.

June Virtual Support Groups

Stress Check-In: Dedicated Self-Care

Date: Tuesday, June 7, 2022

Time: 2 - 2:30 pm EST

[Register now](#)

How to Help Your Child or Teen When They Worry

Date: Wednesday, June 22, 2022

Time: 1 - 1:30 pm EST

[Register now](#)

Stress Check-In: Experiencing Grief Post-Pandemic

Date: Thursday, June 30, 2022

Time: 10:30 - 11 am EST

[Register now](#)

Live Webinar:

Supporting Your LGBTQ+ Family Members

Date: Tuesday, June 14, 2022

Time: 12 - 1:00 pm EST

[Register now](#)

[Click here](#) to download the Virtual Support Group Flyer.

Carebridge Can Help.

Call 800.437.0911 or email clientservice@carebridge.com

24-7 for confidential and free consults

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