

Celebrate

Cancer Survivorship Week | June 5 to 9, 2023

Survivorship Program Information Tables - ALL WEEK

Camden • Voorhees Locations

Stop by our informational table and learn about the exciting programs the Wellness After Cancer Survivorship Program has to offer, such as the Fitness and Nutrition (FAN Club) and our virtual education webinars. Take a short survey and enter our drawing for a lovely gift basket.

Egg Harbor Township • Willingboro • Cherry Hill

Patients will enjoy giveaways and can take a brief survey to be entered into a drawing for a gift basket filled with goodies!

CAMDEN EVENTS

All Camden events will take place at MD Anderson Cancer Center at Cooper, 2 Cooper Plaza, Camden, NJ 08103. Space is limited. To reserve your spot for a program, please call Roxanne Berger, LPN, Program Coordinator at 856.968.7091.

Monday, June 5, 2023

Gentle Tai Chi for Health

9:30 a.m. – 10:30 a.m. • 4th Floor, Room 4100/4101

Healing Through Writing and Journaling

10:45 a.m. – 11:45 a.m. • 4th Floor, Room 4100/4101

Stretch, Flex, and Breathe

1 p.m. – 2 p.m. • 1st Floor, Room C1111

Healing Through Writing and Journaling

2:15 p.m. – 3:15 p.m. • 1st Floor, Room C1111

Mocktail Hour Reception

6 p.m. – 7:30 p.m. • Forman Family Tranquility Garden, Second Floor Patio

Join us for a festive event to kick off Survivor's Week. Learn how to make nonalcoholic beverages demonstrated by our nutritional experts, enjoy light appetizers, and meet fellow survivors.



Tuesday, June 6, 2023 and Wednesday, June 7, 2023

Painting Your Feelings

Tuesday: 10 a.m. – 11:30 a.m. • 4th Floor, Room 4100/4101
Wednesday: 11:30 a.m. – 1 p.m. • 4th Floor, Room 4100/4101

Join Alexis Cardona, one of our talented Patient Service Representatives, as she helps you explore your inner Picasso through interpretive painting. All materials provided.



Thursday, June 8, 2023

Mr. Softee Ice Cream Truck

1 p.m. – 3 p.m. • MD Anderson at Cooper Parking Lot
Patients and staff are welcome to stop by for a cone, courtesy of MD Anderson at Cooper.

Friday, June 9, 2023

Belly Dancing for Core Strength, Balance, and Stamina

9:30 a.m. – 10:30 a.m. • 4th Floor, Room 4100

Healing Through Writing and Journaling

10:45 a.m. – 11:45 a.m. • 4th Floor, Room 4100

Gentle Tai Chi for Health

1 p.m. – 2 p.m. • 4th Floor, Room 4100

Belly Dancing for Core Strength, Balance, and Stamina

2:15 p.m. – 3:15 p.m. • 4th Floor, Room 4100



VOORHEES EVENTS

All events will take place at the Cooper Clock Tower Building, 931 Centennial Blvd., or 900 Centennial Blvd., Building 1 Lobby, Voorhees, NJ 08043. Space is limited. To reserve your spot for a program, please call Roxanne Berger, LPN, Program Coordinator at 856.968.7091.

Tuesday, June 6, 2023

Stretch, Flex, and Breathe

10 a.m. – 11 a.m. • Clock Tower Building

Guided Imagery for Continued Healing

11:15 a.m. – 12:15 p.m. • Clock Tower Building

Healing Through Writing and Journaling

12:30 p.m. – 1:30 p.m. • Clock Tower Building



Wednesday, June 7, 2023

Qi Gong

10 a.m. – 11 a.m. • Clock Tower Building

Mindfulness

11:15 a.m. – 12:15 p.m. • Clock Tower Building

Simple Recipes for Optimal Health

12:30 p.m. – 1:30 p.m. • Clock Tower Building



Thursday, June 8, 2023

Gentle Chair Yoga for Good Health

10 a.m. – 11 a.m. • Clock Tower Building

Qi Gong

11:15 a.m. – 12:15 p.m. • Clock Tower Building

Connect and Reflect Through Music

12:30 p.m. – 1:30 p.m. • Clock Tower Building

Mr. Softee Ice Cream Truck

1 p.m. – 3 p.m. • Voorhees Parking Lot
Patients and staff are welcome to stop by for a cone, courtesy of MD Anderson at Cooper.

Friday, June 9, 2023

Live Musical Duo

10 a.m. – 12 p.m. • Voorhees, Building 1 Lobby

Enjoy spectacular entertainment by one of our own Dr. Diane Barton Complementary Medicine facilitators.

Mocktail Hour Demonstration

1 p.m. – 2 p.m. • Voorhees, Building 1 Lobby

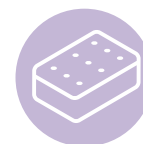
Join us for a festive close to Survivor's Week. Learn how to make nonalcoholic beverages demonstrated by our nutritional experts and try samples along the way.



EGG HARBOR TOWNSHIP AND WILLINGBORO LOCATIONS

Thursday, June 8, 2023

Ice cream sandwiches and water ice will be available for patients and staff courtesy of MD Anderson at Cooper.



VIRTUAL ONLINE SEMINARS

Wednesday, June 7, 2023

Cancer Survivors and Their Caregivers: Self Care Matters

12 p.m. – 1 p.m.

Register online at <https://events.cooperhealth.org>.

Thursday, June 8, 2023

What is Survivorship?

2 p.m. – 3 p.m.

Register online at <https://events.cooperhealth.org>.

MD Anderson at Cooper's Survivorship Week Celebration is presented by the Wellness After Cancer Survivorship Program and the Dr. Diane Barton Complementary Medicine Program.

MD Anderson  Cooper
Cancer Center

Making Cancer History®