

.....**JOIN US AT**.....

Savvy Spoonful's

EMPOWER YOURSELF
~~~~~  
**WITH**~~~~~  
**HEALTHY EATING HABITS!**

Are you looking to make healthier choices for yourself and your family?

Do you want to understand the importance of good nutrition and how it can positively impact your life?

**ADMISSION IS FREE**



For **FREE** transportation scan this QR Code.

**Thursday, February 29, 2024 • 5 p.m.**  
**400 Mount Vernon Street**  
**Camden, NJ 08103**

**NEED MORE INFORMATION?** Email Carl Boyd, Community Liaison at [carl.boyd@centerffs.org](mailto:carl.boyd@centerffs.org)

 **Cooper**  
University Health Care

