

June

Eye care is for everyone

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Men, vision health, and the big 5

Five of the most common health issues you face as a male can carry a risk of serious harm to your vision. Learn the ways your vision can be affected by each of these diseases, and what you can do to help avoid them.

1. Diabetes

About 15.5% of men in the US have diabetes.¹ With this diagnosis comes a chance of developing retinopathy.

Men, vision health, and the big 5

5 of the most common men's health issues can also impact vision. Learn how these diseases can damage eyesight and what can be done to avoid them.

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Women and vision: Keeping an eye on your health

If you're female, you're more likely to develop several common, yet serious, eye diseases as compared to your male counterparts. But you have more control over the outcome than you may think. A healthy lifestyle and routine eye exams may give your eyes a fighting chance.

Age-related macular degeneration

Women and vision: Keeping an eye on your health

Women are more likely than men to develop many common but serious eye diseases. Knowing what to look for and maintaining a healthy lifestyle can give your eyes a fighting chance.

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Video: Family eye care

In this video about family eye care, Dr. Ryan Smedley talks about how to best care for your child's eye health.