

You're one of a kind

A large part of your well-being is knowing yourself and being able to celebrate your unique personality.

For each item listed below, write or draw what best represents you, then share and discuss why with your family and friends.



If I were a color,
I would be



If I were a movie,
I would be

If I were a
musical instrument,
I would be a

If I were a meal,
I would be



If I were a book,
I would be



If I were a plant,
I would be a



If I were an
animal, I would
be a

If I were an Olympic gold
medalist, I would be



If I were a spice or
seasoning, I would be



If I were a season,
I would be

If I were an
inspirational quote,
I would be



If I were a historical
figure, I would be



If I were a
mythical creature,
I would be



If I were a musical
genre, I would be

If I were a dance
style, I would be



If I were an emoji,
I would be a

